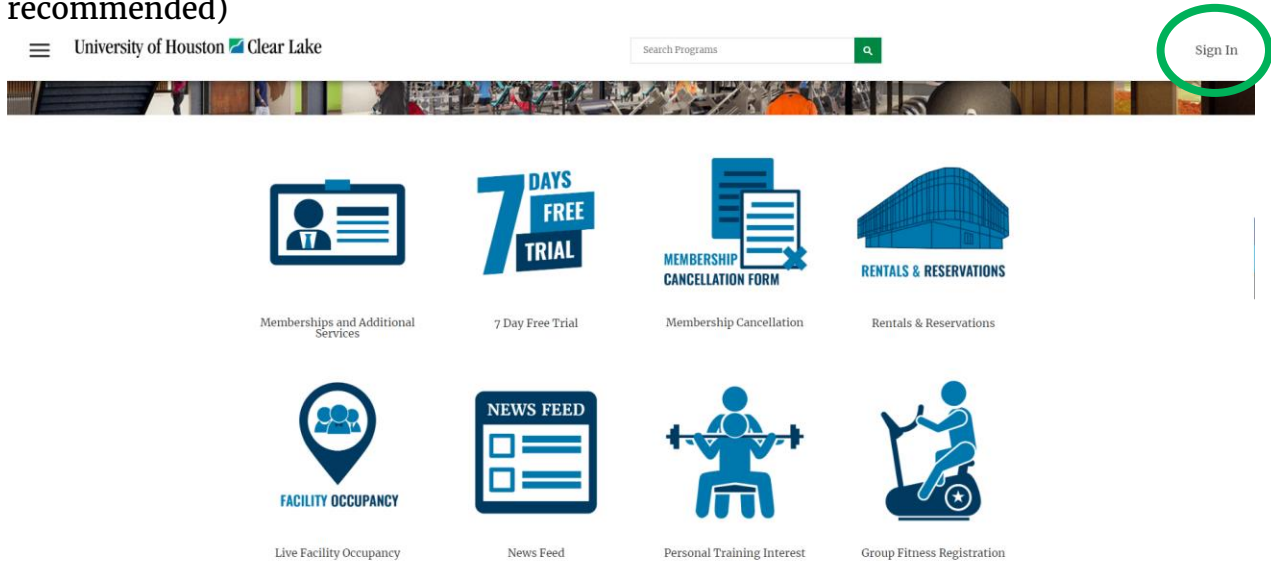


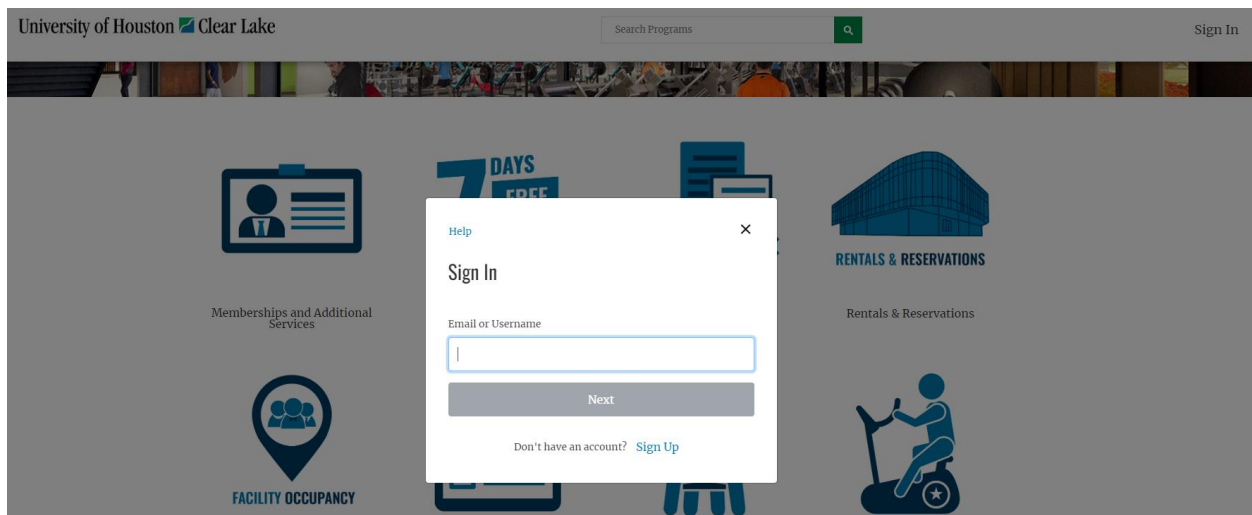
How to Register for Group Fitness Classes

Step 1: Head over to the registration website www.rwconnect.uhcl.edu

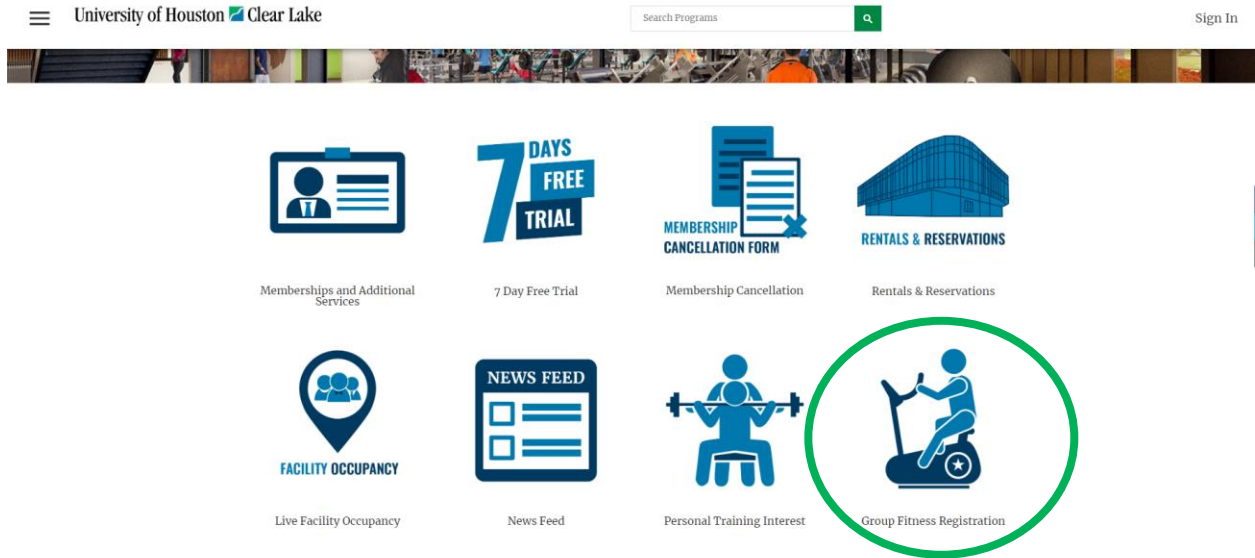
You can register 72 hours prior to any group fitness class (not required, but recommended)



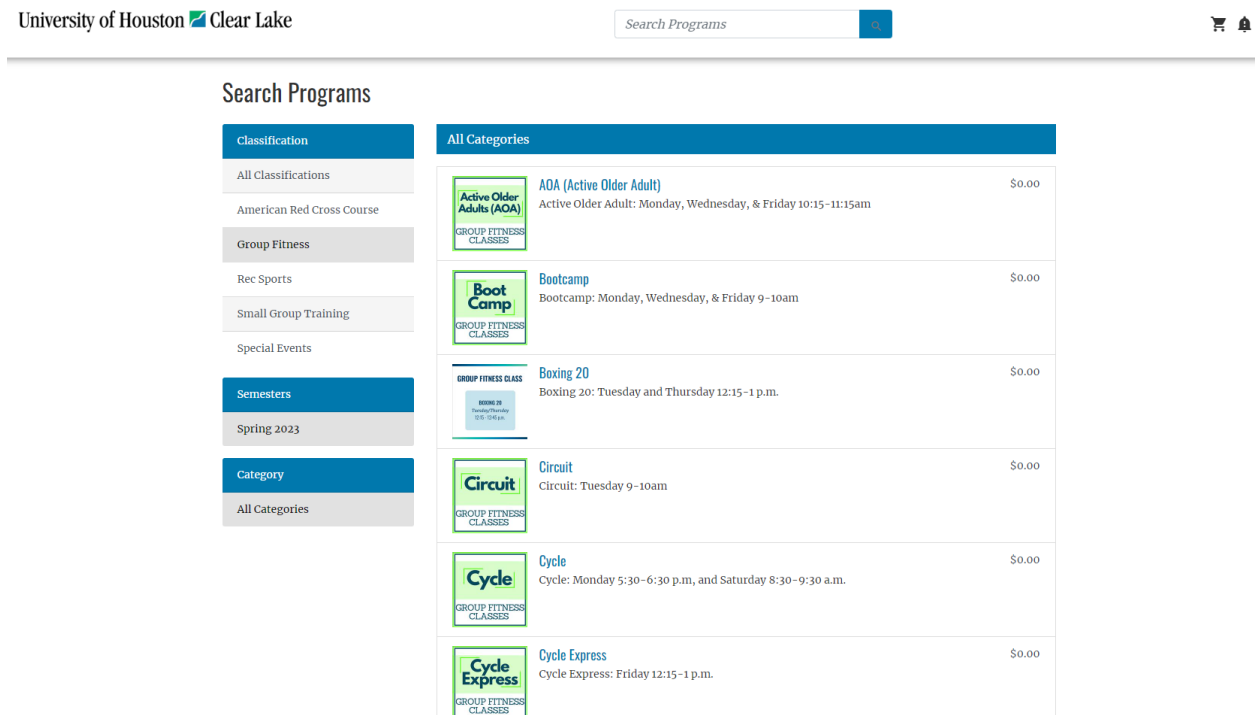
Step 2: Log in with your student/staff/faculty/membership id



Step 3: Scroll down and select the Group Fitness Icon.



Step 4: You will see all the class offerings that we have. Once you've found your class, click on it! It will take you to the listing of all the available classes.



Step 5: Click “Register” for the class you are wanting to attend.

[Return to Programs](#) AOA (Active Older Adult)

Active Older Adult: Monday, Wednesday, & Friday 10:15–11:15am Active Older Adult (AOA) concentrates on low impact cardio paired with weight training and functional exercises for a full body workout to help make daily living activities become easier. It’s a fun way to stay in shape and increase social interaction. Our main goal is to engage members and help keep them motivated to improve their own health and wellbeing. All fitness levels are welcome. Group Fitness Class Pass required for class entree. UHCL Students will be granted free access to all classes. The Group Fitness Class Pass grants access to 100% of the Fall 2022 Group Fitness Class Schedule for a onetime \$20 semester fee. The pass is a Non-Active Membership. Member must hold an Active Membership to access building entrance (Community, Faculty & Staff, or HHPI Member). Pre-registration opens 48 hours prior to class start time. Pre-register and reserve your spot online, in-person, or by phone during member service hours. Walk-ins are welcomed. Pre-registered participant will be prioritized in the event that class capacity is met. Please arrive at least 5 minutes prior to class start time.

Program Instances

Monday, May 1, 2023 10:15 AM – 11:15 AM 47 spot(s) available Register	Wednesday, May 3, 2023 10:15 AM – 11:15 AM 50 spot(s) available Register	Friday, May 5, 2023 10:15 AM – 11:15 AM 50 spot(s) available Register
Monday, May 8, 2023 10:15 AM – 11:15 AM 50 spot(s) available Register	Wednesday, May 10, 2023 10:15 AM – 11:15 AM 50 spot(s) available Register	Friday, May 12, 2023 10:15 AM – 11:15 AM 50 spot(s) available Register

Step 6: You will be asked to review and accept the following questions in order to register. Once you’ve answered all of the questions above, click “Continue”

Please review/provide the following information:

Spot Reservation

REQUIRED

By selecting yes, I am stating that I understand and agree to the following statement:

I understand that in order to reserve my pre-registered spot I will arrive 5 minutes prior to all scheduled classes.

- Yes
 No

[Cancel](#) [Continue](#)

Step 7: Proceed to **“Check Out”**, Don’t worry, it’s free!

Shopping Cart

Haley D'Alessandro

0-61801

Item	Customer Name	Quantity	Unit Price	Total	
Program: AOA (Active Older Adult) Program Instance: Mon, May 1 2023 10:15 AM to 11:15 AM	Haley D'Alessandro	1	\$0.00	\$0.00	Remove

Enter promo code... [Apply](#)

Subtotal: \$0.00
Tax: \$0.00
Total: \$0.00

[Continue Shopping](#)

[Checkout](#)

DEBIT CARDS ARE NOT ACCEPTED AND WILL NOT BE PROCESSED FOR PAYMENT

[Refund Policy](#)

A credit refund can be requested only to the credit card that was used at the time of purchase.

Step 8: Choose **“Checkout”** not credit card

62FGetProducts%3FproductTypeCV%3D00000000-0000-0000-0000-000000003502

Choose Payment Option

Do not click Back or Refresh/F5 on your browser
Processing may take few minutes

[Manage Cards](#)

Add New Card **Checkout**

Shopping Cart

Kelsey Daviglus 0-24229

Item	Customer Name	Quantity	Unit Price	Total	
Program: PiYo Live Program Instance: Tue, Aug 18 2020 1:30 PM to 2:15 PM	Kelsey Daviglus	1	\$0.00	\$0.00	Remove

Enter promo code... [Apply](#)

Subtotal: \$0.00
Tax: \$0.00
Total: \$0.00

[Continue Shopping](#) [Checkout](#)

DEBIT CARDS ARE NOT ACCEPTED AND WILL NOT BE PROCESSED FOR PAYMENT

[Refund Policy](#)

A credit refund can be requested only to the credit card that was used at the time of purchase.

Step 9: You will receive your confirmation by selecting the “Confirmation” button; but you will also receive your confirmation in the email that’s associated with your account.


Your order was processed successfully

Payment was Successful

A receipt has been sent to you.

Kelsey Daviglus

0-24229

Item	Customer Name	Quantity	Unit Price	Total	
Program: PiYo Live Program Instance: Tue, Aug 18 2020 1:30 PM to 2:15 PM	Kelsey Daviglus	1	\$0.00	\$0.00	 Confirmation

Subtotal: \$0.00

Tax: \$0.00

Total: \$0.00

DEBIT CARDS ARE NOT ACCEPTED AND WILL NOT BE PROCESSED FOR PAYMENT

Refund Policy

A credit refund can be requested only to the credit card that was used at the time of purchase.